

Increased organisational readiness

The Institute of Chartered Foresters is a professional membership body supporting forestry professionals across the UK.



CHALLENGE:

The team wanted to strengthen mental-health inclusion but lacked space to focus on it meaningfully.

What would you say to an organisation considering joining the mental health community programme?

“Do it!”

“The door [to mental health inclusion] is open and I can’t shut it now!”

THE PROGRAMME:

The programme facilitation was a key strength, helping open the door to deeper thinking and organisational change.

KEY OUTCOMES:

1

Recognition that mental-health inclusion is now an open and ongoing area of work:

- Regular peer supervision embedded as common practice.
- Sharing learning more widely across the sector to improve consistency.

2

Increased organisational readiness to embed wellbeing:

- Introducing work with me passports
- Encouraging learning and providing resources to support that.

THE IMPACT:

The organisation is now better equipped to embed mental-health inclusion as a sustained part of its culture. These changes are building a more informed, connected and proactive approach to wellbeing across the organisation.

