

Mental Health Inclusion SURVEY



Take a few minutes to think honestly about these questions and don't worry, there's no wrong answer.

If you score lower than you'd like in any areas please get in touch to join our Community Headspace programme for bespoke support.

Please rate your organisation on a scale of 1 to 5, with 5 being the highest score.

	VERY POOR 1	POOR 2	FAIR 3	GOOD 4	VERY GOOD 5
1. How would you rate your level of awareness of common mental illnesses?					
2. How confident are you in talking to your team about mental health?					
3. How well do you understand the demographics of people in your teams e.g. % of colleagues with a disability?					
4. How would you rate your mental health support offer?					
5. How engaged are your peer support networks?					
6. How straightforward is your process for requesting reasonable adjustments?					
7. How represented are disabilities at all levels of your organisation?					
8. What proportion of your team members have reasonable adjustment action plans?					

Well done for taking some time to reflect on how mental health inclusive your business is.

If there are areas you'd like to improve, get in touch to join our Community Headspace programme and receive tailored support for your business needs.

www.thementalhealthcommunity.co.uk

